

August 2026



THE HAMSTER



Official Monthly Newsletter Publication Of The *Rochester (MN) Amateur Radio Club*



See The Details On Page 4



THE HAMSTER

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The Hamster is the official monthly newsletter publication of the **Rochester (MN) Amateur Radio Club (RARC)**. The Hamster is distributed monthly via the official RARC [groups.io](#) email reflector free to members and non-members and is also available online in the club website: [www.rarchams.org](#).

Rochester (MN) Amateur Radio Club was founded in 1932 and has been an [ARRL](#) (Amateur Radio Relay League) Affiliated Club for 50+ years.

All members are invited to [contact the Hamster](#) with comments and/or questions. Additionally, members are encouraged to suggest or submit story ideas, photos or content to the Hamster via the Editor's email link below.

The Hamster has an *outstanding* staff of regular contributors and you are invited to join the team!

[G. Mark Kelm](#) (KØGMK) - Editor

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RARC President's Message

[Jared Pfaffenbach](#) - KFØPGS - President

Hi everybody! Summer has been flying by and I'm not sure how it's August already. I hope everyone has had time to go out have some fun. I been having fun playing with QRP radios. Both at parks and at home. It's surprising to me that with less the 5 watts and a resonant antenna you can talk half way around the world. 5000 plus miles to Russia is my farthest QRP contact so far. The hot and humid weather has also been great for VHF propagation. I've made several 200 to 300 plus mile simplex and repeater contacts over the past few weeks. 6 meters has been open quite a bit lately too.

Please remember to keep our local repeaters active. If you hear a new callsign, don't be shy, respond. I've heard and talked to several visitors to the area and a reply is always appreciated. Many are patients of Mayo and a bored. A good conversation on the local repeater may just be the highlight of their day!

I am looking forward to the club picnic this month. Look for more information on that later in this newsletter. Hope to see you all there!

73

Jared Pfaffenbach
KFØPGS - President - Rochester (MN) Amateur Radio Club

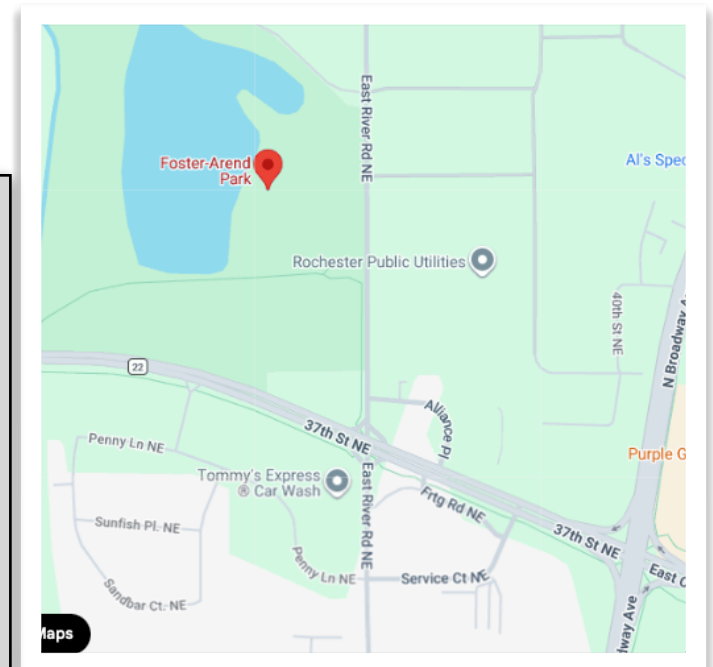
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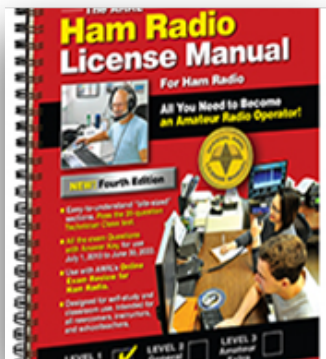
RARC Annual Picnic

Foster-Arend Park Picnic Shelter

- Starts at 5:30 PM - August 11th
- Grilling starts at 6:00 PM
- Bring Your Own Beverage & Lawn Chair.
- If You Choose, Bring A Dish To Share (Side or Dessert).
- RARC Is Providing Brats, Hamburgers, Buns, Plastic Cutlery, Water & Paper Plates.
- Please RSVP Steve at w0stv@yahoo.com with your number of attendees and if you want Brats or Burgers and/or how many of each.



The Picnic is in lieu of the regular monthly RARC Meeting @ The RST EOC



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Education

Dave - KØVH

For anyone reading this, if you know of someone who wants to get their amateur radio license, please send them a copy of this Hamster or at least copy paste this information.

Getting your ham radio license in Rochester is a straightforward 3-step process:

Step 1: Study for the Exam Prepare for the 35-question Technician exam using online platforms like HamStudy.org or the ARRL Licensing, Education & Training portal. Other study options are listed below.

Step 2: Get an FRN Before taking your exam, you must register on the FCC CORES website to obtain an FCC Registration Number (FRN). https://apps.fcc.gov/cores/html/Register_New_FRN.htm

Step 3: Take the Test Locally Locally, exams are regularly hosted by the Rochester Amateur Radio Club. 2026 local testing is on August 13 and November 12 at 7pm at the Red Cross. w0stv@arrl.net for more information.

Here are some other options for preparations and studying gathered from area hams that recently got licensed on what they studied for the test:

- Used a few Maple Grove Zoom classes for Tech, Ham Radio Study for general and extra.
- Technician and General online via WM7X, it's a nationwide online testing service over Zoom, requiring 2 devices. For Technician and General used the ARRL practice test and used KB6NU's No Nonsense study guides for Technician and General.
- Used Ham Radio Test Prep phone app (very useful "on the go"). Have ARRL Tech and General license manuals for more depth when needed. [there are a LOT of phone apps out there! Ham radio prep, Ham radio Exam prep 2026, Ham Radio Exam
- ARRL books plus Hamstudy.org (Phone app, \$4). Two hams used HamStudy.
- <https://hamradioprep.com/> has videos, practice tests and can cover all levels of licensing.
- KN6NU's guide (free on Kindle or as a PDF) plus Maple Grove Zoom class. For Extra used Zoom class from the Ham Club at the National Electronics Museum in Baltimore. This is an 11 week zoom session attended by hundreds across the US. https://www.k3nem.org/?page_id=12 Note there are Tech and General classes in the fall, and Extra in the winter.

Then GET ON THE AIR!

73 Dave Naatz (KØVH) Rochester, Minnesota

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WARNING!!!
THIS IS A RADIO
ACTIVE AREA!

Contest Corner

Fred - K4IU

It's been a steamy summer so far and the bands have been sizzling hot too. Although ten meters may leave a lot to be desired, 6 meters has been very exciting with tremendous openings some of which lasted until the late evenings. August contest activities will bring some warmups for the upcoming major fall contests and have a good mix of SSB, CW and digital events.

August 1: [North American QSO Party \(NAQP\)](#) **CW**, These are fast, friendly and fun. You can do as much or as little as you want. The exchange is your name and state.

August 8: [Worked All Europe](#) **CW (WAE)**, This is also a type of QSO party except that the objective for US stations is to work only the 50 sovereign EU countries. There is also a twist in that you can earn additional points by passing traffic called QTCs (data of previously logged QSOs), to the EU stations. You will need to brush up on the QTC rules and use a logging program which automates the exchange. I use N1MM. A detailed explanation and implementation of N1MM features for this contest is [here](#).

August 15: [North American QSO Party \(NAQP\)](#) **SSB**, this is the SSB version of the 1 August event. Keep in mind that the contest is 12 hours in duration but you can only operate 10 hours max. On the plus side, there is still part of the weekend for family time. I like this contest because you can put a voice to the people you work on the CW contests.

August 15-16: [SARTG WW](#) **RTTY Contest**, competing for time with the NAQP this year is a fun RTTY contest sponsored by our Scandinavian friends. There are two operating periods so you can could do both events. Propagation is still good to the northern latitudes this time of the year. This is a great alternative if you don't want to dig out the microphones!

August 29-30: [WW Digi Contest](#): Since its debut in 2019 this Digi contest is very popular. It's sponsored by the Slovenia Contest Club and the Worldwide Radio Foundation Club. It has some unique scoring that's generated by the WSJT-X suite of programs. Be sure to download [the latest version of WSJT](#) from their new website.



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There's always more on the [WA7BNM calendar](#) website and if you're interested in a comprehensive list of contest related information visit [NG3K.com](#). Bill has a lot of informative links many will find helpful.

-...- -...- -...- -...- -...- -...- -...- -...- -...- -...- -...- -...- -...- -...- -...-

VHF/UHF Contesting: Summer Signals and Surprises

There have been some fantastic openings on 6 meters this summer, as noted by posts on RARC Groups.io. I decided to jump into the VHF Digital Contest the weekend of July 17-18 and was surprised by how much fun I could have with a QRP signal and a modest dipole on 6 meters. I even decoded stations in Europe! This week brought activity on both the SSB and CW segments of 50 MHz. We haven't covered the fun aspects of VHF/UHF contesting in this column, despite the RARC having some very active hams like **Mel, KCØP (SK)** or **Dan, NØSPN**.



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VHF/UHF contesting focuses on making rapid, distance-optimized contacts on bands such as 50 MHz, 144 MHz, 222 MHz, and 432 MHz. Unlike HF contesting, where propagation is nearly constant, VHF/UHF relies on transient propagation modes like sporadic E, when ionized clouds in the E-layer reflect signals far beyond normal range. Many of us have heard distant repeaters during tropo ducting or noticed sudden spikes in the Maximum Usable Frequency. Other fascinating propagation modes include aurora, meteor scatter, aircraft scatter, and terrain-enhanced paths.

Operators chase short openings, grid squares, and rover stations using digital modes such as **FT8** to detect weak signals. Activity peaks in May–August, with smaller bursts in December–January, coinciding with the popular **ARRL** and **CQ WW VHF/UHF** contests. You can monitor openings on your FT8 waterfall or [PSK Reporter](#). A rig with 50–100 W on 6 m/2 m/70 cm and a decent Yagi antenna will put you among the elite contesters. Don't forget quality coax like LMR-400 or better to minimize line losses.

I know there are others in our community with a lot more experience than me so if you can add some expertise or advice send me a note so we can all learn.

73

Fred K4IU@me.com



Hamster Hints

Bob - KEØEXE

Summer is Antenna Season, so why not put up another one! Using some old magnet wire I had salvaged from a motor, I was able to get an EFHW (End-fed Half-wave) set up for 30 meters. (After all, I had a mast that wasn't being used—nearly a sin!—and I wanted an antenna I could use from the picnic table, on the back patio, with my EMTECH QRP transceiver.) Niel, W0VLZ, came over, to help put on the finishing touches...

First, we trimmed the roughly-horizontal antenna wire for resonance, based on the standard formula, which has compensation for end-effect capacitance and velocity factor. (This wire is 15' off the ground, on the low end, sloping up to 27' high at the far end.) Next, we did the same for the length of TV twin-lead I would be using for the transmission line. Soldering these together, and hauling it all back up into the air, we found the resonance point to be too low, and the lowest SWR reading not as good as we had hoped, either.



**Salvaged, enameled,
copper magnet wire.**

Incidentally, my QRP radio had lost its tuning-dial's needle-pointer. Using some stiff, steel wire, I was able to fashion a new one. First I straightened the wire, by stretching it slightly while using a cordless drill and vice to twist it

back and forth, several times, under light tension (you might recall I also described this technique in an earlier Hamster Hints). I then used a screwdriver shank as a form, for wrapping part of the wire into a tight spiral, with a diameter slightly smaller than the shaft to which it would be attached. With some careful bending using needle-nose pliers, a pretty decent, new dial pointer was formed, and the fit was "desirably snug" on the geared-down dial-shaft.



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Dial, missing its needle-pointer.

twin-lead, about a foot up from its bottom end. There, I attached the transceiver (and also shorted the bottom end of the line). Bingo—that first, good guess on length resulted in a stub which provided a near-perfect match *and* resonance near the middle of the band! (By the way, to give the antenna a bit more strength, I had run two wires—not just one—from the feed-point out to the insulator at the far end.)

Incidentally, my QRP radio had lost its tuning-dial's needle-pointer. Using some stiff, steel wire, I was able to fashion a new one. First I straightened the wire, by stretching it slightly while using a cordless drill and vice to twist it back and forth, several times, under light tension (you might recall I also described this technique in an earlier Hamster Hints). I then used a screwdriver shank as a form, for wrapping part of the wire into a tight spiral, with a diameter slightly smaller than the shaft to which it would be attached. With some careful bending using needle-nose pliers, a pretty decent, new dial pointer was formed, and the fit was “desirably snug” on the geared-down dial-shaft.

More cutting, then more soldering, and we were getting close—but in the end, we had to add-back some wire to the antenna, surprisingly. Finally, since we still couldn't get a great impedance match, Niel wondered what would happen if we treated the 1/4-wave transmission line like the bottom half of a J-pole antenna. This seemed to me, too, a worthwhile experiment, so I peeled-off a bit of insulation, on both wires of the



Needle-pointer, fashioned from straightened steel wire.



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Getting this 30m set-up going also required doing a few other fun projects, such as developing a battery pack from AA cells—I hope I can share more about that in the future!

...And here's an unrelated Hint: Use Lithium AA cells in devices for which you like to keep the battery installed over long periods of time (such as in a computer mouse) or where you want immediate, emergency access (like in a Weather Radio). They do cost quite a bit more, but they are guaranteed **not** to leak, which might make them worth it.



Needle-pointer, trimmed, on dial-shaft. (Note how this rig “tunes backwards”!)



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Shorted, matching-stub on end of twin-lead. At left, taped to the yardstick, was a possible trick for finding the approximate stub length, experimentally (not used).

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ARES

Amateur Radio Emergency Service

Olmsted ARES Mission Statement:

To be so effective that you are able to help others.

ARES: We had an active meeting on July 18th. We trained on what you need to do in the first hour of any power outage, short or long term, to be able to better survive the cost and needs that time will affect your situation. The group then did maintenance and updates on the ARES communications trailer and the RARC field day trailer. Both were in dire need of attention. The ARES trailer needs new batteries, and the RARC trailer got a thorough cleaning and organizing with new see-through totes and exterminating the ant problem.

Thank you for your time and commitment to being active members of the Rochester/Olmsted ARES. To be so effective that we are able to be helpful to others.

For the new hams that do not know what ARES (Amateur Radio Emergency Service) is and used for. Please watch this video for general information and needs.

[ARES Emergency Communication Capabilities](#)

Contact the Olmsted ARES coordinator at 507-254-3993 or email to w0stv@yahoo.com for more information and/or to register with the Rochester/Olmsted ARES group.

Public Service: We are no longer communicating for the Rochester Fest Parade. They are using cell phones. The event only needed 2 people, and there were times no communications were needed.

The next public service event in Olmsted County will be the 2026 Scheels HHR on September 12, 2026. There will be a signup sheet in August. Go to this link for more information:

[Scheels Healthy Human Race - Rochester, 12 Sep 2026](#)



The following week, there is the Winona Ride the Ridges tour. We help the Winona radio club by manning the Money Creek to Rushford and the Rushford to Houston bicycle routes. We also set up the Rushford water stop with radio communications. We need a minimum of 5 people to cover this area. There will be a signup sheet in August. Go to this link for more information:

[Ride The Ridges Premier Bicycle Tour - Winona MN](#)

125live: On July 25th, a group of us went onto the roof of 125live and moved the HF antenna from the east side to the west end of the building to isolate the antenna from the 4 large HVAC units on the roof. We had enough people to do the move safely without disassembling the HF antenna assembly. I have not had the time to test the new location. I will update in the August newsletter. To the people that took the time to be there and make the move, thank you were very much appreciated. Many hands make light the work. We are planning to do contesting from 125live soon.

For Amateur Radio Emergency Service information before, during, and after an activation, register to the RARC [groups.io](#) email reflector to receive information.

Click the following link if you are an active ham radio operator that wants to stay informed:
rarchams@groups.io | [Home](#)

The more you know.

Steve Wiebke (W0STV) - Olmsted/Rochester ARES EC

The more preparation, the less confusion



RARC TECH COMMITTEE

Eric - KFØS

Attendees: Eric (KFØS), George (NØUM), Nicole (KCØPRG), Jared (KFØPGS), Taylor (WBØRSJ)

Post meeting and RARC meeting comments in italics

- **82 Repeater**
 - Old 7/8" heliax from last repair. John has it and needs to determine where it is going by mid-July.
 - Note sent to John after last meeting. Cash out at Watson Recycling. Take along Jared and his electrician's license.
 - *Nothing heard back, so another note sent.*
 - Repeated kerchunking occasionally in the mornings.
 - May be related to propagation and hearing other repeaters.
- **WØMXW License Trustee update**
 - New club FRN obtained.
 - *WØMXW license associated with the new FRN.*
 - *Paperwork, 605-C, prepared. Signatures collected and submitted to ARRL VEC.*
- **Open mic?**
 - Continues to happen, although maybe less frequently. It doesn't seem like it is malicious.
 - What do we need to do? Can we get bearings from people when it happens? Keep mentioning during meetings.
- **Field Day**
 - *Get FT-8 working on the FT-710 before next year.*



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RARC MEETING MINUTES

Collin - AAØCN

Field Day wrap-up:

To look into more publicity, extra points for messages, etc.

Logging went well, networking via Starlink does DHCP VLANs, use WAN port of WiFi router to get all on same subnet.

N1MM limits to VFO A on radios, VFO B is not useful for QSOs with this software. The new radios with external monitors are nice!

Ran through only about 4 gallons of fuel. Might want it located further away from the stations (fumes, noise).

Noted lots of EOC / F class stations on, showing focus on digital/ARES?

Black trailer: Ants are dead! Ropes, tuners, band pass filters... needs sorting and organization.

Program: Crossband repeat with KF0SNN

Should be done at low power, need to be present at all times, should be temporary, not on FRS/GMRS (Ham only) and no relaying of anything like fire dept. frequencies. Legal only on 2M and higher frequencies (70cm, etc.) with limitations.

Drawing: Winner Vince KF0SNN Donates back to club!

Business Meeting Started 7:50pm

ARES training at 9AM this Saturday.

VE Test Session at Austin MN Chamber of Commerce (3rd & main) 7PM on Wednesday 7/15

VE Session Red Cross 305 Alliance Place NE Rochester MN in August 13th 7pm

Club picnic August 11th at Foster Arends park

Healthy Human Marathon Saturday September 12th, looking for volunteers!

125Live moving antenna, next Tuesday 2PM

Net Notes:

80M Digital Net seems to be on hiatus due to lack of participation. Possibly move to monthly, bring back in the winter?

Hobby Net, Thursday 7PM (Needs calendar update)

Spurious and Unwanted Transmissions on the repeaters; Be mindful! Check your equipment!

VP, Secretary, and Treasurer's reports received. Nothing of note.

Tech Committee report: KF0S

Heliac can be recycled if we can't find a buyer.



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RARC MEETING MINUTES

Collin - AAØCN

Kerchunking and propagation discussions
New FRN number received, signed papers for FCC / ARRL VEC
Focus on FT-8
Selling army crank-up tower, to be discussed as part of new business.

John Marshall Club – Summer, not much to report.

Contesting – See Hamster, field day discussion.

Education – See Hamster for education information!

ARES/Public Service

125Live HF Antenna to be moved next Tuesday at 2PM (drop Steve's name at the desk), add coax. Reminder will be sent.

ARES Training this Saturday, 3 parts. At-home safe/efficiency checklist. Check ARES trailer and batteries. Winlink whitelists.

Old Business:

Military Mast – Motion to sell from KF0PGS, W0STV seconds. Will discuss on [Groups.io](https://groups.io), tabled for now (until September).

Similar with the Mosley antennas (20-15-10).

WB0RSJ motion to use the above funds to buy modern mast (collapsible, fiberglass? 2?)

Black Trailer: Clean that out at an ARES meeting? Needs organization and swept. Buy some bins.

Club Picnic at Foster Arends reserved at 5PM, starting at 6PM. Club buying burgers/hotdogs/brats/etc.

Reminder to donate blood – Folks fighting lymphoma and leukemia.

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NORTH STAR RADIO CONVENTION

The Minnesota Amateur Radio Consortium presents

2026 North Star Radio Convention

Hosting the ARRL Dakota Division Convention

Hennepin Technical College

9000 Brooklyn Blvd, Brooklyn Park, MN 55445

October 10, 2026 | 8:00 AM to 5:00 PM

www.northstarradio.org



Happenings In The Dakota Division

Bill Lippert - ACØW - ARRL Dakota Division Director

7/8/2026

FIELD DAY

Thank you to the clubs below for the hospitality during Field Day weekend. For half of the clubs in the list it was my first visit to their club with the other half only my second visit. Appears for most of your groups the weather was good for most of the weekend. However, North Dakota had some high winds and a fair amount of rain. I had to contend with the aftermath of the rain with part of the route very mudding. But I didn't get stuck and a good car wash you couldn't tell.

The clubs I visited for 2026 Field Day are:

- Mora Repeater Association - Onamia, MN
- Runestone Amateur Radio Club - Osakis, MN
- Lake Region Amateur Radio Club - Fergus Falls, MN
- Detroit Lakes Amateur Radio Club - Detroit Lakes, MN
- Jamestown Amateur Radio Club - Jamestown, ND
- Goose River Amateur Radio Club - Mayville, ND
- Lake Agassiz Radio Club - Grand Forks, ND
- Forx Amateur Radio Club - Grand Forks, ND

At the end I had traveled just shy of 1200 miles to visit the eight sites. Hope your Field Day went well and now just under 12 months until the event next year.



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Hamfests:

Here's some of the upcoming hamfests in the Division.

First is the ARRL North Dakota Section Convention in Minot. New Vice Director, Chris Stallkamp KI0D will be there along with ND Section Manager Ralph Fettig N0RDF. I will not be attending the convention as I am in England to participate as a referee in the World Radiosport Team Competition.

The other hamfests this weekend are:

Black Hills ARC Annual Tailgate Party - Rapid City, SD

Magic Tailgate Event - Roseville, MN

I understand Nick KT0W and Bill AE0EE, SD & MN Section Managers will be attending the event in their state.

Then in two weeks on July 25th is the ARRL South Dakota State Convention in Sioux Falls. I am planning to attend along with Vice Director Chris KI0D and SD Section Manager Nick KT0W. Also on July 25 is the Goose River Hamfest in Mayville, ND where Ralph N0RDF is planning to attend.

You can find more details below about each event.

In between those weekends I will be at the ARRL July Board Meeting in Connecticut. Last I checked there isn't a lot of items to discuss, so hopefully it will be a short meeting. I know Program & Services Committee will have 3 awards to decide upon.

That's it for this time.

73

Bill Lippert AC0W
ARRL Director
Dakota Division



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Division elected leaders:

Director Bill Lippert, AC0W ac0w@arrl.org

Vice Director Chris Stallkamp, KI0D ki0d@arrl.org

MN Section Manager Bill Mitchell, AE0EE ae0ee@arrl.org

ND Section Manager Ralph Fettig, N0RDF n0rdf@arrl.org

SD Section Manager Nick Hauser, KT0W kt0w@arrl.org

VE TEST SESSIONS (all times local times)

VE - South Dakota

8/1 – 10:00 AM Hot Springs, SD; must preregister

Contact: k0ork@yahoo.com

Hot Springs Amateur Radio Club

Hot Springs SD Library

2005 Library Dr

Hot Springs SD

www.arrl.org/exam_sessions/hot-springs-sd-57747-2767-56

8/11 – 7:00 PM Sioux Falls, SD; must preregister

Contact: wgravning@yahoo.com

Sioux Empire Amateur Radio Club

Minnehaha County Emergency Mngt Bldg

608 N Sigler Ave

Sioux Falls SD

<https://hamstudy.org/sessions/SEARC/all>

www.arrl.org/exam_sessions/sioux-falls-sd-57104-44



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VE - Minnesota

8/12 – 7:00 PM; Lakeville, MN

Contact N0QA@ARRL.NET

Valley ARC

17387 Kenyon Avenue

Lakeville MN

www.arrl.org/exam_sessions/lakeville-mn-55044-4459-208

ARRL Dakota Division

Director: Vernon E. Lippert, AC0W

ac0w@arrl.org



- Are you a member of the **ARRL**?
- Are you new to Ham Radio?
- Have you been licensed for a while but not active?
- Are you active but have never explored the **ARRL**?

***RARC** has been an **ARRL** affiliated club for the past 50+ years. **RARC** wants all members to know about the benefits of being a member of the ARRL and how the **ARRL** promotes amateur radio and represents and supports Hams throughout the year.*

Here is a link for you to view what the **ARRL offers Hams. Take a look:**

[ARRL Benefits](#)



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Wednesday Morning **RARC** Ham Radio Gathering

You Are Invited!

*Stop By For Breakfast or Coffee
&
Ham Radio Talk!*



• **Wednesdays at 9:00 AM (1400 UTC)**

Rooster's (North Location) - 2280 Superior Drive NW



Parks On The Air® (POTA)

Perhaps you've heard talk on the repeaters or on one of the Nets about Parks On The Air (POTA). You might be interested and think that it could be fun to operate your rig and antenna remotely in a beautiful outdoor setting.

In a nutshell it's all about operating in a state or national park, state trail, national monument, historical location or national battlefield and making at least 10 QSOs to "activate" the entity. It's as simple as that, but there are a few [rules](#).

Take a look at the [Parks On The Air](#) website, view the [FAQ page](#), the [Help/Getting Started](#) section and perhaps view some of the getting started [videos](#) by seasoned POTA operators. If you are interested in becoming an Activator fill out the [sign-up](#) to become a





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Weekly Nets

Sunday:

- **Austin 73 Sunday Evening Net** - 7PM on 146.730 MHz PL 100
- **Owatonna/Steele County ARC Club Net** - 7:30PM on 145.490 MHz PL 100
- **MN D-Star Net** - 7:30PM Reflector XLX632A
- **Goodhue County ARES Net/Hiawatha Valley ARC** - 8PM 147.300 MHz PL 136.5
- **Southern MN Fusion Net** - 8:30PM Wires X Rm 40861
- **Dodge County ARES Net** - 8:30PM 146.820 MHz PL 100
- **RBWMS Net** - 8:30PM 146.390 MHz PL 100
- **Winona Emergency Preparedness Net** - 8:30PM 146.835 MHz PL 131.8
- **Olmsted County ARES Net** - 9PM 146.820 MHz (even # Days) 147.255 MHz (odd # Days) PL 100
- **KAØPQW 2 Meter SSB Net** - 9PM 144.200MHz

Monday:

- **Elmer's Net** - 8PM 147.255 MHz PL 100
- **Waseca Digital Practice Net** - 7PM 146.715 MHz PL 141.3

Tuesday:

- **SE MN 10 Meter Net** - 7PM 28.325 MHz USB
- **Rochester Hobby Net (Any Hobby Except Ham Radio)** - 8PM 147.255 MHz PL 100

Wednesday:

- **SE MN Digital ARES Net** - 7PM 146.820 MHz PL 100 MT63 2000L
- **Wednesday Night Experiment** - 9PM 146.790 MHz PL 100

Thursday:

- **WØNE Weekly WinLink Check-in Net** - All Day
- **Southern MN ARES 80 Meter Net** - 8PM 3.583.5 MHz Olivia 8-500

Saturday:

- **20 Meter IBM Net** - 11AM 14.347 MHz USB



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Contact RARC

RARC meets the second Tuesday of each month at 6:30 PM (except the August meeting is the Annual RARC Picnic and January is the annual holiday party) in the lower level of Rochester Fire Station #2 in the EOC at 2185 Wheelock Drive NE, Rochester, MN

Website: <http://www.rarchams.org/>

Mail: RARC , P.O. Box 1, Rochester, MN 55903

Groups.io: [Register](#) to post and receive RARC official email, notices and the Hamster

Weekly Net: Sundays at 9:00 PM: 147.255 repeater (PL Tone 100) **Odd** numbered Sundays
146.820 repeater (PL Tone 100) **Even** Numbered Sundays

If you have any questions or comments about the Hamster or are interested in perhaps being a contributor please feel free to [contact me](#).

Thank you for reading the Rochester Amateur Radio Club's
Official Publication.

G. Mark Kelm - KØGMK - Editor